



RSVP

Lead with Experience



May

Lyon County,
Kansas



Department on Aging—RSVP
402 Commercial Street
Emporia, KS 66801
620-340-8258

Lyon County RSVP monthly hours sheet Phone: 620-340-8258 Fax: 620-341-3481
email: dwolford@lyoncounty.org or Mail to: 430 Commercial St. Emporia, Ks. 66801

VOLUNTEER NAME:

MONTH:

YEAR:

Date	What you did	Hours	Volunteer Station/Location
PLEASE TURN IN MONTHLY HOURS BY THE 10TH OF THE FOLLOWING MONTH!!			

Volunteer signature: _____ Date: _____

Station Representative signature: _____ Date: _____

May



Jim Emley
Jerry Weishaar
Deb Burns-Heinitz
Mary Johnson
Emma Voorhees
Del Alcorn
Steve Pearson
Jim Veazey
Mary Varelman
Harold Gibbens
Jann Briggs
Marie Russell
Judy Schroeder
Susan Thompson
Allen Curless



**"LIKE" US ON
FACEBOOK
TO STAY UP TO
DATE WITH OUR
ACTIVITIES!**

IMPORTANT MESSAGE

Sunday, May 8, 2016 is Mother's Day! Thank you to all the Mother's in our RSVP Program, and I hope you have a very blessed day! If you are not a Mother, you are a sister, niece, aunt or good friend, so you deserve a Happy Mother's Day also!



**Lyon County RSVP is supported by
Lyon County & Corporation for
National & Community Service.**



If you are the 3rd, & 9th volunteer to turn in your **May** Volunteer hours, I have a special **SURPRISE** for you. You can call me @ 620-340-8258, mail them in, e-mail them to me dwolford@lyoncounty.org fax them to me 620-341-3481 or

Drop them by the office.

Good Luck!!!

Lyon County Department on Aging Staff

Erin Starr, Director
Denise Wolford, RSVP
Project Director
Janice Arb, L-Cat
Transit Manager
Bonnie Vannocker,
Office Coordinator
Joyce Schroeder,
Dispatcher

March Winners: Shirley Finke &
Maybell Turner

April Winners: Sue Wilson &
Allen Curless



Community Events

- Petting Zoo: May 4, All Day @ Lyon County Fairgrounds
- Cinco de Mayo: May 7th, 11:00 a.m.—5:00 p.m. @ 800 Block of Commercial Street
- Comedian Robert Klein: May 7th, 8:00 p.m. @ Emporia Granada Theatre
- Mother's Day: May 8th, All Day "Celebrate the day with a special lady!"
- Tip a Cop for Special Olympics: May 10th 5 p.m.—9 p.m. @ Bobby D's Merchant Street BBQ
- USPS "Annual Stamp Out Hunger Event: May 14th, Food will be picked up by mail carriers all day
- Senior Fun Day: May 12th, 10:00 a.m.—3:00 p.m. @ Emporia Senior Center
- KVOE "Barbeque Day": May 19th, 11:30 a.m.—1:00 p.m. @ Mark II Lumber, 825 E. 6th Ave.
- Tip a Cop for Special Olympics: May 19th, 5:00 p.m.—9:00 p.m. @ Olpe Chicken House, Olpe, KS
- 23rd Annual Emporia Flatland Cruisers Car Show: May 21, 9:00 a.m.—3:00 p.m. @ Downtown Emporia
- KISS 5K: May 25th, All Day, Keep It a Safe Summer
- Memorial Day: May 30th, "Honor those we have lost."



Tai Chi Classes

The Beginning Class for Tai Chi will start on Wednesday, March 23rd and continue every Wednesday until May 11th. These classes will be at 2 p.m. A Continuation class will then start on May 25th, and continues until July 13th. You can contact the Emporia Friendship Center for any additional questions call 620-340-8001. Tai Chi reduces stress, increases balance & flexibility.

Volunteer Opportunities

Friendship Meal Delivery—Deliver meals with your own vehicle to shut-ins. This does not necessarily have to be an every day task. You can choose to do one day a week, or be on a on-call list that you would do this delivery if they needed you.

WPS—Widowed Person Services: WPS is based upon the concept that a caring man or woman, who has been widowed for at least 18 months, is in a unique position to be of support to another widowed person. If you are interested in being a part of this unique support group, please call Sue Wilson for more information. 620-343-8331.

Presbyterian Manor—Needing volunteers to lead a exercise group, arts & crafts class, or do manicures on the Apartment side. If you would like to help at the Manor, call our office, or contact Mark Meador, Activities Director 620-343-2613.

Plumb Place—Needing volunteers to answer the telephones, general office work, shredding documents, preparing kits for new residents, etc. Contact Jill Wheeler, Director—620-342-1613

Catholic Charities—Friendly Visitor program can be a great opportunity to experience new and interesting people. Offers 4 components which include: Ring-A-Day, Social Caller, Social Visitor, and Transportation. Contact: Marilyn Thomas, 1-888-737-1137

Just So You Know

The April Newsletter explained the process of what we do with those pesky timesheets that you all love to fill out. I know it is a tedious job, and not too many like to do it, but it is an essential part of the RSVP Program. We try and make it as easy as possible. Not only can you bring them by the office, but you can mail them, fax them, e-mail them, or give Bonnie or I a call. We don't mind recording them for you at all. Also, remember that you can use the monthly sheet for more than one activity. You can list all of your volunteer hours on the same sheet. We hope that you are able to turn them in by the 10th of the following month of serving, but we understand that you are all busy, and the day's seem to fly by. If you haven't turned your hours in for January, February, March, or April, please give us a call. We recently had our Annual Spring Recognition for our volunteers, and we are sorry if you missed it. I believe everyone that attended had a good time, and I appreciate all of our Volunteers hard work. Hopefully, you will be able to attend our Fall Recognition. We will set the date soon, and you can mark your calendars so not to miss all the fun! These events are to honor you, and all your hard work and dedication to the citizens of Lyon County. I have posted some of the pictures of the event below. I am sorry that the print quality leaves a lot to be desired. The black/white picture of our copier is not very good.

Spring Volunteer Recognition Reception 2016





RSVP

Lead with Experience

April
2016
Newsletter

Lyon County Dept. on Aging,, Lyon County Courthouse Annex
402 Commercial Street, Room 106, Emporia, Kansas 66801—620-340-8258

Notes from Denise: May is upon us, and I can't believe we are almost half way through 2016. I hope you are enjoying the Monthly newsletters, I am always looking for news about all the volunteers. I would love to put in news about you! If you have received a special honor or an accomplishment you are especially happy about, let's toot our own horn. This is your newsletter and what you are doing, is important. Or, if you would like to share about a fellow volunteer, perhaps they won't share, lets honor our volunteers. You all are a very special group, and I would love to spread the good news. Also, if you know of a community event that you would like to promote, or something at your Senior Center, let me know the month prior, and I will put it in the newsletter. On Thursday, May 12th there will be a Senior Fun Day held at the Emporia Senior Center. This event is in celebration of Older Kansans Month. The day starts at 10:00 a.m., with cookies and social time, an activity with Barb Rourk, Emporia Rec Center, Pie Baking Contest, Talent Show, Arts & Crafts, Card Games, and lunch is available through the Friendship Center. Call 620-343-3160 by May 2, 2016 for your reservation. It is guaranteed to be a fun-filled day! Hope you have a flower—filled May, we definitely had the April Showers!

Research has shown that people who volunteer often live longer.

-Allen Klein

Butterfinger Cake Mix Cookies

I have had several people ask me for the recipe for one of the cookies that was recently served at the Spring Volunteer Recognition Party. I know it was my favorite, and so easy!

1 box Yellow Cake Mix 1 egg 1/3 c. oil 1/8 c. water 1 1/2 c. crushed butterfingers

Preheat oven to 350 degrees. Line a baking sheet with parchment paper.

Combine cake mix, egg, oil, and water in a large bowl and mix until mostly smooth. Stir in Butterfinger pieces. Chill dough for 1 hour.

Scoop dough by heaping tablespoons onto prepared cookie sheet and bake for 10-12 minutes. Cool on pan for 5 minutes, then move to cooling rack. Enjoy!

Note: You can find already crushed butterfinger candy bars in the baking aisle of most grocery stores.